

# How Water Loss Affects Biodiversity

by ReadWorks



In order for humans to live, they need access to fresh water. While nearly 70% of the earth's surface is water, most of it is salt water, which humans cannot drink. Only a small percentage, about 3%, is fresh water. Of this, about 69% is currently frozen as ice caps and glaciers, while another 30% is held underground in the soil or in rock. This means that only one percent of the world's fresh water-or .03% of the world's total water-is surface water that humans can access to drink. The small amount of potable (suitable for drinking) water makes its conservation incredibly important so that water shortages already occurring in some regions do not spread any further. If they do spread, this may lead to conflicts over the right to use this water.

There are many ways in which humans can affect access to fresh water. For example, humans can pollute bodies of water, thereby making them undrinkable. In some cases, they may make physical changes to the land by building over wetlands or damming up rivers. While wealthy countries can afford to make the investments necessary to make sure their residents have access to fresh water, poorer countries often cannot. This means that poorer countries are at greater risk of devastating droughts, which can lead both to dehydration and starvation, as the country is unable to water its crops.

Droughts can also have a negative impact on the *biodiversity* of a region. Biodiversity refers to an abundance of different types of plant and animal species within a particular region. The prefix "bio" means living, while "diversity" refers to different types of things. Around the world, more than 125,000 animal species live entirely in freshwater habitats, including 15,000 species of fish, 4,300 species of

amphibians, and 5,000 species of mollusks, such as clams and oysters. Millions of other species, including humans, depend on fresh water to drink. When an area loses a large percentage of its fresh water, many animals die off. In some cases, species go entirely extinct. This leads to a decrease in the region's biodiversity.

While droughts are natural and, in many places, a frequent occurrence, there are many things that humans do to increase the severity of these droughts. For one thing, the world's population has doubled in the last 50 years, so humans have been using much more fresh water to drink and grow crops than they did in the past. Humanity's increasing water consumption represents a growing threat to biodiversity.

In Africa, where droughts are common, they have been more prolonged than in the past. This is due in part to climate change, as well as a greater demand for water as the continent's population has increased. During a drought in Kenya that lasted from 2007 to 2009, over 60 elephants died—some of dehydration, others of starvation due to lack of vegetation to eat, and others of diseases that became fatal due to the elephants' weakened states. Some other endangered animals, such as the white rhinoceros, died too, which brought them closer to extinction.

When the biodiversity of a region declines, the human population suffers as well, in different ways. When a region experiences a significant drought, many animals may die from lack of water and food. If the region is one like Kenya, which depends on its wildlife to draw tourists, the effects of the drought can be devastating. If tourism declines due to high wildlife casualties, then the locals who depend on income from tourism will lose their livelihood. People may then turn to farming to earn money, but crops require water to grow. This can place further strain on the water supply and worsen the original problem of the drought. Sometimes, an imbalance in the system, such as a lack of water, can enter into a feedback loop where the situation only gets worse and worse.

Losses in biodiversity can also lead to problems with the availability of food. As we've discussed, a lack of water can prevent farmers from growing crops, which can lead to starvation. However, when a region loses its biodiversity, it disrupts the food chain in many ways. For example, if a species goes extinct, all the species used to feeding on it must find another source of food. Say a particular species of freshwater frog dies because its habitat has been depleted in a drought. This means the population of birds that feeds on this frog may decline as well, as it lacks sufficient food. Conversely, the insects that the frogs fed on may increase in number, as the frogs are no longer around to keep their population in check.

One of the main advantages of biodiversity is that there are certain natural processes that plants and animals perform that humans simply cannot. The billions of bees in the world play a critical role in pollinating the world's flowers. If they did not do this, the food supply would dwindle and the human population would suffer greatly.

Biodiversity can play an important function in the cleaning of water. When water passes through lakes, wetlands, and streams, it often encounters different species of fungi, algae, and bacteria. Many of these microbes actually filter microscopic particles out of the water, making it safe for humans to drink. Even some larger species do similar work. For example, the caddisfly constructs nets underwater that filter out different kinds of particles, which it then eats. Wetlands rich with these filtering organisms act as natural water filtration systems. When the biodiversity of a region declines, many of the organisms critical to this filtering process can disappear. Therefore, pressures on the freshwater supply can cause biodiversity to decrease, which can cut the drinkable water supply even

further.

While humans do have some water filtration plants, these plants are expensive and take a lot of energy to maintain. For centuries the water that flowed into New York City was naturally filtered by a northern watershed. As the water flowed south, it was purified. However, as the watershed was polluted and diverted, the water flowing to New York City was no longer filtered. The city faced a choice of spending \$6 billion to \$8 billion to build a water filtration plant, or just \$1 billion to restore the natural watershed. The city wisely chose the latter option.

# Water from the Air: Cloud Forests

by Alden Wicker



*Mindo Cloud Forest*

In the Americas, Asia, and Africa, there's a special kind of forest. It's rare, beautiful, and incredibly important to the animals and plants living there, and the humans who live nearby.

It's called the cloud forest. Cloud forests, like the name implies, can be found in the clouds on the slopes of mountains. Because they are often shrouded in warm mist, cloud forests are very humid and wet places. But that's what makes these forests so valuable.

Like rainforests, cloud forests experience rainfall, but they also capture water straight from the air. Water condenses on the leaves of the plants (sort of like dew on the grass in the morning) and drips through the canopy to the floor. If you stand

in a cloud forest, you'll hear the constant drip of water, even if it's not raining. The water captured is pure and unpolluted, and flows through the ground into streams and then rivers.

Some people call cloud forests "water towers," because they are so important for providing water to nearby villages and cities. In the capital of Honduras, Tegucigalpa, four out of 10 people get their water from La Tigre National Park. That's about 340,000 people drinking cloud forest water! And there are a lot of other big cities that get some of their water from cloud forests, like Quito, Ecuador; Mexico City, Mexico; and Dar es Salaam, Tanzania.

In Guatemala, most of the water comes from the Sierra de las Minas Biosphere Reserve. More than 60 permanent streams flow from the reserve downhill to settlements, villages, and cities. People drink the water, use it for cooking, and irrigate their farm fields with it. In Kenya, people rely on the water from cloud forests to provide electricity by harnessing the energy of rivers that flow from Mount Kenya.

But it's not just humans who rely on cloud forests. While they only make up 2.5 percent of the world's forests, they are home to a stunning array of animals and plants. There are more species of hummingbirds in cloud forests than anywhere else in the world. Colorful birds, lizards, moss, and ferns live here; plus plants that grow on trees, called bromeliads. There's even a bear called the spectacled bear, named for the markings on its face. It's the only bear that lives in South America, and there are only a few thousand remaining because of habitat destruction and hunting.

We don't even know all of the plants, animals, and insects that live in cloud forests, yet we keep discovering new ones. In the 1990s, scientists discovered two bird species that only live in cloud forests. One is the Jocotoco Antpitta, or *Grallaria ridgelyi*, which lives in Ecuador in a small patch of cloud forest. Another is the Scarlet-banded Barbet, or *Capito wallacei*, which was discovered in Peru living on just one mountain. Scientists also discovered a new type of cow and barking deer in the cloud forests of Laos and Vietnam.

As you can see, cloud forests are extremely special places. But they are also very fragile and face a wide array of threats. Local poor people clear the forest so that they can grow subsistence crops. They also hunt endangered and threatened animals for meat, and cut down trees to heat their homes and cook. Commercial farmers convert the land so that they can grow fruits, vegetables, and coffee beans. Cloud

forests are cleared and turned into pasture for cattle. Building roads and gem mines also severely damages the cloud forests.

Once cloud forests are cleared, the damage can be irreversible. The cloud cover, which is so essential to the growth of these forests, disperses. The soil degrades and erodes, washing down the mountain slopes. Many species vital to the ecosystem die off. What is left behind is a barren, dusty slope unsuitable for farming and unable to support animals, plants, or even people.

You can think of cloud forests sort of like little habitat islands, bounded by other types of forests and habitats on all sides. Many species are unable to leave one patch to travel to another. Once one patch is completely cleared, many species of plants and animals can go extinct, without ever being seen or studied by people like us. Some of the plant species lost could have been a new medicine or edible crop.

Scientists estimate that each year, 1.1 percent of the world's total cloud forest land is cleared for logging and timber falling. But even more worrying is the threat of climate change. Cloud forests form at very specific altitudes and rely on certain temperatures to thrive. If world temperatures rise, cloud forests would have to move up to a higher altitude where the temperatures are cooler in order to adjust. Some cloud forests are on mountain peaks with nowhere to climb and would die out. Climate change could also lessen cloud cover, which cloud forests rely on to grow. Because of this, the rate of loss could double.

As you can see, cloud forests are essential, providing water, food, and medicine to the people living in, around, and near them. So why would local people destroy them? To understand why, you have to put yourself in the shoes of a poor local farmer.

Imagine that you have no electricity or gas to heat your home or cook your meals. You do not have an oven or stove, so you get wood from the forest to build a fire. You also need food, and you cannot find a job that pays enough to buy any. There might not be a grocery store anywhere nearby, either. Therefore, you clear some forest next to your home so that you can plant fruits, vegetables, and grains. You also hunt local animals to eat. You would probably be excited to have a road built through the forest to your village, so you can easily go to a nearby city, or reach a hospital if you or someone in your family has an emergency.

If only a few people did these things, it might not be a problem. But the population is growing fast, and when thousands of people clear the forest and hunt animals, it becomes a crisis. Scientists fear we might lose cloud forests altogether, along with the water and other services they provide.

To combat the problem, some governments have designated certain stretches of cloud forest as protected, and it's illegal to clear or log them. This can help preserve cloud forests against mining companies and large commercial farmers. But it can be hard to enforce these rules against local populations. To work with local populations of people is more effective, providing them with other ways to get food and energy so that they can leave the cloud forests intact.

It is also effective to educate the local population on how cloud forests provide fresh water and what happens when they are cleared. For example, in the indigenous community of Loma Alta in Ecuador, once the people understood that the cloud forest is necessary to provide water for farms at lower altitudes, they worked together successfully to protect it.

Cloud forests are too valuable of a natural resource to lose. With laws to protect them, education, and economic support for local people, we might be able to save them-plus the animals and plants they support-before it's too late.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Use the article "How Water Loss Affects Biodiversity" to answer questions 1 to 2.**

1. Read this paragraph from "How Water Loss Affects Biodiversity."

"When a region experiences a significant drought, many animals may die from lack of water and food. [...] If tourism declines due to high wildlife casualties, then the locals who depend on income from tourism will lose their livelihood. People may then turn to farming to earn money, but crops require water to grow. This can place further strain on the water supply and worsen the original problem of the drought."

What event can cause many animals to die from lack of water and food?

2. In this paragraph, how does the word "when" help show a cause-and-effect relationship?

**Use the article "Water from the Air: Cloud Forests" to answer questions 3 to 4.**

3. Read these sentences from "Water from the Air: Cloud Forests."

"Once cloud forests are cleared, the damage can be irreversible. The cloud cover, which is so essential to their livelihood, disperses. The soil degrades and erodes, washing down the mountain slopes. Many species vital to the ecosystem die off."

Based on this paragraph, what can cause cloud cover to disperse, soil to degrade and erode, and many species to die off?

4. In this paragraph, does the word "once" help show a cause-and-effect relationship? Support your answer with evidence from the text.

**Use the articles "Water from the Air: Cloud Forests" and "How Water Loss Affects Biodiversity" to answer questions 5 to 6.**

**5.** Compare the language used by the author to show a cause-and-effect relationship in the quotation from "How Water Loss Affects Biodiversity" with the language used to show a cause-and-effect relationship in the quotation from "Water from the Air: Cloud Forests."

**6.** Could the word "once" in the quotation from "Water from the Air: Cloud Forests" be replaced by the word "when" without changing the meaning of the quotation? Support your answer with evidence from the text.